UMCOR
SUNDAY
ADULT DISCUSSION
1. **GATHERING**
Invite people to share the joys and struggles of the week.

2. **OPENING PRAYER**
Loving God,
Thank you for the moments of celebration.
We pray that your tender mercy will touch those who are struggling today.
Be with us now as we explore your word.
Show us how to be the hands and feet of Christ through UMCOR.
Amen.

3. **UMCOR SUNDAY**
On March 14, 2021 (or a date you choose to observe it) our church will recognize UMCOR Sunday. UMCOR, the United Methodist Committee on Relief, is the relief and development organization for the denomination. It is a global organization that responds to disasters by working with local churches and trusted community groups. Because local churches are already familiar with the resources of their neighborhoods, they can often provide an assessment of needs and work with UMCOR to develop early relief and long-term response. As part of The United Methodist connection, we are part of UMCOR. We are part of living out Christ’s good works in the world.

4. **UMCOR VIDEO**
Watch Video and ask participants to write down where they see good news of God’s love.

https://vimeo.com/444357483

Spend a few minutes discussing the video.
5. SCRIPTURE READING
Ask someone to read Ephesians 2:1-10 and invite participants to write down words and phrases that resonate with them.

Go around and allow each person to say a word or phrase until all have had an opportunity to speak.

6. SCRIPTURE DISCUSSION
A. What is one of the best gifts you ever received? What made it a great gift? How did you respond? When you read that grace is a gift from God, how do you receive that?

B. Paul writes in Ephesians 2:1 “At one time you were like a dead person because of the things you did wrong and your offenses against God.” If we broaden this statement to society, where do we see situations where people are suffering because systems are failing them?

C. Using the metaphor of resurrection when we follow the teachings of Jesus, and keeping in mind the UMCOR video, where do you see the church most alive? How are our ministries life affirming? How do they alleviate suffering?

D. “We are God’s accomplishment, created in Christ Jesus to do good things. God planned for these good things to be the way that we live our lives.” What are the good works you feel God is calling you to lead or support through the church?

7. CLOSING PRAYER
Holy One,
Thank you for the gifts you have given to us. In our life with Christ, awaken us to address the suffering of your children. Be with us in our day-to-day lives and guide us to do the good things you plan for us.
Amen.